

LOVING PARENT

Everyday, you show your children in dozens of ways how you feel about them. Here are some new suggestions – from serious to silly – to show your kids how much you love them.

| | | | | |
|---|--|---|---|---|
| Help your child with their schoolwork. | Giggle together – share silly knock-knock jokes. | Bury a family time capsule and dig it up five years later. | Have a backward dinner – serve dessert first! | Look through your family photo albums together. |
| Ask your child to draw a portrait of your family and then frame it. | Schedule regular Family Meetings where everyone gets to share their opinion. | Start a once a season parent/child date night complete with dinner and a movie. | Give your child the gift of culture – take them to a museum, symphony, or play. | Start a collection together anything from coins to seashells will work. |
| Take family walks after dinner. | Sit down at the table together to eat meals. | Give your child choices about what to wear, eat, do, etc. | Set realistic rules and expectations and make sure your child understands them. | Be a good role model. |
| Find time each day to talk one-on-one with your child. | Praise and encourage your child daily. | Give your children age-appropriate responsibilities. | Put a funny note in their lunch box. | Stick to your rules and be fair. |
| Be patient! | Let them know when you catch them being good. | Tell them how thankful you are they are your children. | Trust your child and let them know you respect them. | Hug your child every day. |

April is Prevent Child Abuse Awareness Month

Sponsored by Jones County Family Council
PO Box 472, Anamosa, IA 52205 and
Community Partnerships for Protecting Children
jonescountycppc@aol.com

or visit Prevent Child Abuse Iowa at www.PCAIowa.org



LOVING PARENT

Everyday, you show your children in dozens of ways how you feel about them. Here are some new suggestions – from serious to silly – to show your kids how much you love them.

| | | | | |
|---|--|---|---|---|
| Help your child with their schoolwork. | Giggle together – share silly knock-knock jokes. | Bury a family time capsule and dig it up five years later. | Have a backward dinner – serve dessert first! | Look through your family photo albums together. |
| Ask your child to draw a portrait of your family and then frame it. | Schedule regular Family Meetings where everyone gets to share their opinion. | Start a once a season parent/child date night complete with dinner and a movie. | Give your child the gift of culture – take them to a museum, symphony, or play. | Start a collection together anything from coins to seashells will work. |
| Take family walks after dinner. | Sit down at the table together to eat meals. | Give your child choices about what to wear, eat, do, etc. | Set realistic rules and expectations and make sure your child understands them. | Be a good role model. |
| Find time each day to talk one-on-one with your child. | Praise and encourage your child daily. | Give your children age-appropriate responsibilities. | Put a funny note in their lunch box. | Stick to your rules and be fair. |
| Be patient! | Let them know when you catch them being good. | Tell them how thankful you are they are your children. | Trust your child and let them know you respect them. | Hug your child every day. |

April is Prevent Child Abuse Awareness Month

Sponsored by Jones County Family Council
PO Box 472, Anamosa, IA 52205 and
Community Partnerships for Protecting Children
jonescountycppc@aol.com

or visit Prevent Child Abuse Iowa at www.PCAIowa.org



LOVING PARENT

Everyday, you show your children in dozens of ways how you feel about them. Here are some new suggestions – from serious to silly – to show your kids how much you love them.

| | | | | |
|---|--|---|---|---|
| Help your child with their schoolwork. | Giggle together – share silly knock-knock jokes. | Bury a family time capsule and dig it up five years later. | Have a backward dinner – serve dessert first! | Look through your family photo albums together. |
| Ask your child to draw a portrait of your family and then frame it. | Schedule regular Family Meetings where everyone gets to share their opinion. | Start a once a season parent/child date night complete with dinner and a movie. | Give your child the gift of culture – take them to a museum, symphony, or play. | Start a collection together anything from coins to seashells will work. |
| Take family walks after dinner. | Sit down at the table together to eat meals. | Give your child choices about what to wear, eat, do, etc. | Set realistic rules and expectations and make sure your child understands them. | Be a good role model. |
| Find time each day to talk one-on-one with your child. | Praise and encourage your child daily. | Give your children age-appropriate responsibilities. | Put a funny note in their lunch box. | Stick to your rules and be fair. |
| Be patient! | Let them know when you catch them being good. | Tell them how thankful you are they are your children. | Trust your child and let them know you respect them. | Hug your child every day. |

April is Prevent Child Abuse Awareness Month

Sponsored by Jones County Family Council
PO Box 472, Anamosa, IA 52205 and
Community Partnerships for Protecting Children
jonescountycppc@aol.com

or visit Prevent Child Abuse Iowa at www.PCAIowa.org



LOVING PARENT

Everyday, you show your children in dozens of ways how you feel about them. Here are some new suggestions – from serious to silly – to show your kids how much you love them.

| | | | | |
|---|--|---|---|---|
| Help your child with their schoolwork. | Giggle together – share silly knock-knock jokes. | Bury a family time capsule and dig it up five years later. | Have a backward dinner – serve dessert first! | Look through your family photo albums together. |
| Ask your child to draw a portrait of your family and then frame it. | Schedule regular Family Meetings where everyone gets to share their opinion. | Start a once a season parent/child date night complete with dinner and a movie. | Give your child the gift of culture – take them to a museum, symphony, or play. | Start a collection together anything from coins to seashells will work. |
| Take family walks after dinner. | Sit down at the table together to eat meals. | Give your child choices about what to wear, eat, do, etc. | Set realistic rules and expectations and make sure your child understands them. | Be a good role model. |
| Find time each day to talk one-on-one with your child. | Praise and encourage your child daily. | Give your children age-appropriate responsibilities. | Put a funny note in their lunch box. | Stick to your rules and be fair. |
| Be patient! | Let them know when you catch them being good. | Tell them how thankful you are they are your children. | Trust your child and let them know you respect them. | Hug your child every day. |

April is Prevent Child Abuse Awareness Month

Sponsored by Jones County Family Council
PO Box 472, Anamosa, IA 52205 and
Community Partnerships for Protecting Children
jonescountycppc@aol.com

or visit Prevent Child Abuse Iowa at www.PCAIowa.org

